

EXAM ROOM & WAITING ROOM

EDUCATIONAL CONTENT

**DESCRIPTION • CAUSES • PREVENTION •
SYMPTOMS • DIAGNOSIS • TREATMENT • MANAGEMENT**

BEHAVIORAL HEALTH

- ADHD
- Anxiety Disorders
- Bipolar Disorders
- Borderline Personality Disorder
- Depression
- Dissociative Disorders
- Eating Disorders
- Mental Health Conditions
- Neurodevelopment Disorder
- OCD
- Personality Disorders
- Psychosis
- PTSD
- Schizoaffective Disorder
- Schizophrenia
- Substance Abuse Disorder

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CARDIOLOGY

- **Cardio Fitness**

- Cardio and Heart Health
- Interval Training
- Strength Training
- Swimming
- Yoga

- **Cholesterol**

- Causes
- Bad Cholesterol
- Good Cholesterol
- Prevention

- **General Topics**

- Access to Medical Care
- Aging
- Cardiac Education
- Diabetes and Heart Health
- Know Your Numbers
- Sleep and Heart Health
- Smoking Cessation
- Stress

- **Heart Conditions**

- Arrhythmia
- Atrial Fibrillation
- Cardiomyopathy
- Coronary Artery Disease
- Heart Failure
- Peripheral Artery Disease
- Valvular Heart Disease

- **Heart Nutrition**

- Foods and Heart Disease
- Healthy Foods
- Leafy Greens
- Omega 3
- Salt Intake

- **Hypertension**

- Diabetes & Blood Pressure
- Exercise
- Healthy Diet
- Prevention

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DERMATOLOGY

- **Acne Management**
- Anti-Aging Skin Care
- Chronic Urticaria (Hives)
- Diet And Skin Care
- **Dermatitis**
 - Contact Dermatitis
 - Eczema
 - Seborrheic Dermatitis
- **General Dermatology**
 - Aging
 - Cellulitis
 - Granuloma Annulare
 - Hyperpigmentation
 - Pediatric Dermatology
 - Skin Hydration
 - Tattoo Care
 - Vitamin D
 - Xerosis
- **Hair & Nails**
 - Alopecia
 - Fungal Infecitons
 - Ingrown Nails
 - Nail Dystrophy
- **Psoriasis**
 - Genetics
 - During Pregnancy
 - Mental Health
- **Rosacea**
 - Diets
 - Impact on Skin
- **Skin Conditions**
 - Hives
 - Keratosis Pilaris
 - Moles & Skin Tags
 - Sensitive Skin Care
 - Skin Allergies
 - Skin Infections
- **Vitiligo**
- **Warts**

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ENT

- **Allergy & Sinus**

- Acute Sinusitis
- Allergic Rhinitis
- Allergies
- Chronic Sinusitis
- Sinuses

- **Ear Health**

- Cochlear Implants
- Ear Infections
- Hearing Loss
- Meniere's Disease
- Ruptured Eardrum
- Tinnitus

- **Nasal Health**

- Chronic Rhinorrhea
- Deviated Septum
- Nasal Obstruction
- Smell & Taste

- **Throat Health**

- Adenoiditis
- Laryngitis
- Sleep Apnea
- Pharyngitis
- Tonsillitis
- Vocal Cord Nodules
- Vocal Cord Paralysis

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ENDOCRINOLOGY

- Addison's Disease
- Cushing Syndrome
- Hashimoto's Disease
- Hyperthyroidism
- Hypothyroidism
- Prediabetes
- Thyroid Cancer
- Thyroid Disorders
- Turner Syndrome
- Type 1 Diabetes
- Type 2 Diabetes

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GASTROENTEROLOGY

- **Appendicitis**
- **Celiac Disease**
 - Understanding gluten intolerance
- **Chrons Disease**
- **Colon Cancer Screening**
 - Importance of early detection
- **Constipation and Diarrhea**
 - When to see a doctor
- **Infections of the GI Tract**
- **Common infections**
- **Norovirus**
- **Pylori**
- **Diet and Nutrition**
 - Importance of fiber
- **Digestive System Overview**
 - Common symptoms
- **Diverticulosis and Diverticulitis**
- **Esophageal Disorders**
- **Food Intolerances and Allergies**
 - Common food intolerances
- **Gallstones and Gallbladder Disease**
 - Gallstones Basics
- **Gastrointestinal Bleeding**
- **Gastroparesis**
- **GERD**
- **IBD**
- **IBS**
- **Pancreatitis**
 - Acute vs. chronic pancreatitis
- **Peptic Ulcer Disease**
- **Perianal Abscesses**
- **Probiotics and Gut Health**
 - Benefits of probiotics

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GENERAL HEALTH

- **ADDICTION**

- NALOXONE
- OPIOID EPIDEMIC

- **FITNESS**

- WEIGHT TRAINING
- YOGA

- **GENERAL HEALTH**

- ALLERGIES
- CANCERS
- CHOLESTEROL
- COLD & FLU
- DENTAL HEALTH
- DIABETES
- EYE HEALTH
- FOOT HEALTH
- HEALTHY AGING
- HEART HEALTH
- HYPERTENSION
- MEN'S HEALTH
- SKIN HEALTH
- SLEEP
- STREP
- STRESS
- VACCINATIONS
- WOMEN'S HEALTH

- **MENTAL HEALTH**

- DEPRESSION
- SELF CARE TIPS

- **NUTRITION**

- HEALTHY EATING
- MEAL PREP

- **PARTNER CONTENT**

- +Life
- AMERICAN LUNG ASSOCIATION
- CDC
- CURE
- EDUCATED PATIENT
- NHLBI
- MAYO CLINIC
- MEDEFLIX

- **RESPIRATORY**

- ASTHMA
- COPD
- SMOKING CESSATION

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INFECTIOUS DISEASE

- Chlamydia and Gonorrhea
- Confidentiality and Stigma
- HIV/AIDS
- HPV and Vaccination
- Herpes Simplex Virus
- Importance of Regular Screening
- Overview of STDs
- PrEP/PEP
- Preventing STDs
- Resources and Support
- Safe Sex Practices
- Syphilis
- Talk/Test
- The Impact of STDs on Pregnancy
- Trichomoniasis

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INTERNAL MEDICINE

- Anemia
- Anxiety
- Chronic Kidney Disease
- Dental
 - Cavities
 - Importance of Dental Health
- Diabetes
- Nutrition
 - Brain Nutrition
 - Food Allergies
 - Foods To Avoid
 - Hydration
 - Immune Support
- GERD
- Hyperthyroidism
 - Complications
 - Duration
 - Risk Factors
- Hypothyroidism
 - Causes
 - Complications
 - Duration
- IBD
 - Complications
 - Types
- IBS
 - Duration
 - Management
- Insomnia
- Liver Cirrhosis
 - Causes
 - Prevention
- Men's Health
 - Heart Disease
 - Prostate Disease
- Osteoporosis
- Rheumatoid Arthritis
- Stroke
- Tuberculosis
- Vasculitis
- Women's Health
 - Breast Cancer
 - Heart Disease

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MEN'S HEALTH

- **Chronic Pain Management**
- **Health Myths**
- **Healthy Aging**
- **Healthy Tips**
- **Low Testosterone**
- **Healthy Screen Time**
- **Nutrition Health**
- **Sexual Health**
- **Work & Men's Health**

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NEPHROLOGY

- Acute Kidney Injury
 - Understanding AKI
 - Prevention and Treatment
- Chronic Kidney Disease
- Diabetic Nephropathy
 - Diabetes and Kidney Health
 - Preventive Measures
- Dialysis
 - Living with Dialysis
 - Preparing for Dialysis
 - Types of Dialysis
- Kidney Transplantation
 - Eligibility and Evaluation
 - Living Donors
 - The Transplant Process
- General Kidney Functions
- Hypertension & Kidneys
 - Blood Pressure & Kidneys
 - Impact on Kidneys
 - Managing Blood Pressure
- Kidney Stones
 - Formation and Types
 - Prevention and Treatment
- Kidneys & Blood Sugar
- Polycystic Kidney Disease
 - Genetics and Symptoms
 - Management and Treatment

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NEUROLOGY

- **Alzheimer's Disease**
- **Amyotrophic Lateral Sclerosis (ALS)**
- **Autism Spectrum Disorders**
- **Cerebral Palsy**
- **Chronic Headaches**
- **Cognitive Disorders**
- **Concussions**
- **Dementia**
- **Diabetes and Its Neurological Implications**
- **Epilepsy**
 - Seizure Types
 - Treatment Options
- **Guillain-Barré Syndrome**
- **Huntington's Disease**
 - Navigating Life
- **Migraines**
- **Multiple Sclerosis**
 - Movement Disorders
- **Neurological Impact of Chronic Conditions**
- **Neuropathic Pain**
 - Management
- **Parkinson's Disease**
 - Early Detection
 - Treatment Options
- **Peripheral Neuropathy**
- **Sleep Disorders**
- **Stroke**
 - Signs
- **Traumatic Brain Injury**
 - Recovery
 - Rehabilitation
- **Vertigo**

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ONCOLOGY

- Breast Cancer
- Cancer Therapies
- Coping - Mental Health
 - Coping with Side Effects
 - Dealing with Emotions
 - Developing a Survivorship Plan
- General Cancer
 - At Diagnosis
 - Getting Proper Nutrition
 - Practicing Self Care
- Immunotherapy
- Head and Neck Cancer
- Kidney Cancer
 - Formation and Types
 - Prevention and Treatment
- Leukemia
- Lung Cancer
- Mental Health
- Ovarian Cancer
- Prostate Cancer
- Skin Cancer

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PEDIATRICS

- **Dental Health**
 - Brushing Teeth
 - Cleaning Braces
 - Rinsing Mouth
 - Teething
- **Fears and Anxieties**
 - Academic Anxiety
 - Fear & Media Exposure
 - Fear & Physical Activity
 - Phobias
- **Nutrition**
 - Healthy Eating Habits
- **Parenting Tips**
 - Healthy Screen Time
 - Guidance on Toilet Training
 - Online Safety
- **Vaccination Schedule**
 - Vaccination Schedule
 - Vaccine Myths and Facts

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PHARMACY

- **General Safety**
- **Medication Adherence**
- **Medical Devices**
- **Medication Disposal**
- **OTC**
- **Pain Relief**
- **Role of Pharmacist**
- **Side Effects**
- **Storing Medication**
- **Treatment Plans**
- **Using Medications**
- **Vaccines**
- **Vitamins and Supplements**

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RESPIRATORY

- American Lung Association
- Asthma
- Bronchitis
- Emphysema
- General
 - Collapsed Lung
 - Common Allergens
 - Diphtheria
 - Histoplasmosis
 - Idiopathic Pulmonary Fibrosis
 - Inhalation Injuries
 - Nasal Polyps
 - Pulmonary Embolus
- Pneumonia
- Pulmonary Rehab
- RSV
- Sinusitis
- Sleep Apnea
- Sleep Health
- Smoking Cessation

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- **Cardio Health**
- **Fitness**
- **Mental Health**
- **Migraines**
- **Nutritional Health**
- **Pregnancy Health**